

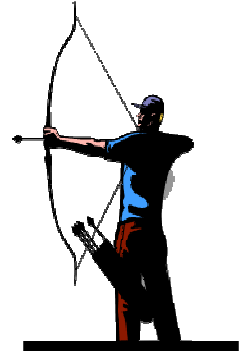
Just a few of the other upcoming Recreation Programs:

INTRODUCTION TO JUNIOR OLYMPICS ARCHERY

These classes are for children and adults who are new to archery and archery competition. Form and safety will be emphasized; Participants will shoot for achievement levels. Equipment will be provided or bring your own (subject to approval by instructor). Ages 7-77 (or older)
No experience required. Classes will be held at the Elementary School Field

Session Two will start on August 2nd and run through August 16th

Mondays from 1-2pm
\$45 for the 3 classes



Fall Sessions

Mondays, Sept. 13th, 20th, 27th and October 4th

4-5 pm Beginners

5-6 pm Junior Olympic/Advanced archers

6-7 pm Families

Prices: \$55.00 1st family member \$50.00 other family members

All equipment provided



Girls INC. (for middle school students)

Mondays 2:45-4:00, Town Library

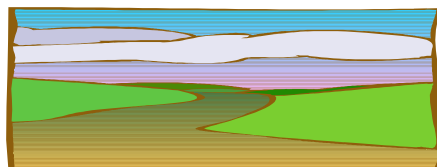
Girls Incorporated is a program for middle school girls that will be held every Monday after school.

Based on Girls Inc national curricula this program provides a safe environment for girls to express themselves and gives them a chance to make sense of the culture we live in as they begin adolescence.

Special emphasis will be placed on building positive relationships, getting to know each other, and having fun! Each week will include activities, projects, games, and more.

Girls Incorporated topics will include: questioning the media's narrow definition of beauty, discussing personal safety and learning self-defense, finding healthy ways to eliminate stress, and learning ways to communicate with one another.

If you have any questions about this program feel free to call Meredith Post, Girls Inc Enrichment Specialist at (603) 841-5529 or MeredithPost@girlsinnewhampshire.org



For more information on these programs please call 679-3301 or visit eppingrecreation.org

Ceramics

Fridays

3:30-4:30, Watson Academy

\$2 per class, greenware priced separately



PROGRAM DIRECTOR: Barbara Young is a multi talented volunteer and instructor. She received her certification with the National Ceramic Association in 1974 and has instructed children and adults in this exciting hobby for years. She has also taught grades 2 and 4, was the Children's Librarian at the Exeter Public Library and for the past 20 years she has been the school librarian for Epping Elementary School. OPEN CLASSES: All Youth Ceramics classes are available to children ages 5 and up who have taken a techniques class or other ceramics class before. Whether you are a beginner or a pro, all are welcome. All tools and materials are available at the program. All you would need to bring is your enthusiasm, curiosity and creativity. Open classes are held weekly on Fridays, on an ongoing basis.

Guitar Lessons

Scheduled to accommodate your needs, after school and weekends!

Watson Academy

Guitar Lessons with experienced local musician Joseph K Murphy, 608-8672

Ages 8 - adult



Martial Arts Programs at EES

Both classes are offered at the multipurpose room at the elementary school. Register at Watson Academy.

derryata.com for program details

Karate Classes

Grades K-8

Mondays and Thursdays DURING THE SUMMER TOO!

2:15-3:00 (summer session) 3:00-4:00 (school year session)

\$65 per month



This winter!

Ski and Snow Board Lessons

McIntyre Ski Resort in Manchester

January 5 and continues for 5 weeks

After School on Wednesdays

The price for lessons this year is going up \$5 to \$125 for groups. Rentals are \$60 and helmets at \$15.

All prices are for the entire 5 weeks of lessons.

There will be bus transportation to and from the mountain available for an additional cost.

For more information on these programs please call 679-3301 or visit eppingrecreation.org